

Basic Cable

2 West Bend/Mallard Local	49 EWTN
3 Rolfe/Havelock/Palmer Local	50 Trinity Broadcasting
4 KTIV - NBC Sioux City	51 Inspirational Network
5 WOI - ABC Des Moines	52 ABC Family Channel
6 KDSM - FOX Des Moines	53 Disney Channel
7 KTIN - Iowa Public TV	54 Cartoon Network
8 KCCI - CBS Des Moines	55 Nickelodeon
9 KCAU - ABC Sioux City	56 TV Land
10 KPWB - WB Des Moines	57 Hallmark Channel
11 Lifetime Movie Network	58 Oxygen
12 KEYC - CBS Mankato	59 American Life TV
13 WHO - NBC Des Moines	60 American Movie Classics
14 KMEG - CBS Sioux City	61 Bravo
15 KPTH - FOX Sioux City	62 Fox Movie Channel
20 CSPAN-1	63 Turner Classic Movies
21 CSPAN-2	64 TBS
22 WGN - Chicago	65 USA
23 The Weather Channel	66 FX
24 SMU Radar	67 TNT
25 MSNBC	68 A&E
26 CNN	69 Lifetime
27 CNN Headline News	70 E!
28 CNBC	71 Comedy Central
29 Fox News Channel	72 Sci-Fi Channel
30 NFL Network	73 Home Shopping Network
31 Big 10	74 Court TV
32 ESPN	75 Spike
33 ESPNU	76 CMT
34 ESPN Classic	77 VH1
35 ESPN2	78 MTV
36 Golf Channel	97 Outdoor Channel
37 QVC	99 TV Guide Channel
38 Speed Channel	
39 DIY	
40 Food Network	
41 Discover Health Channel	
42 Discovery Channel	
43 The Learning Channel	
44 History Channel	
45 Home & Garden	
46 The Travel Channel	
47 Animal Planet	

High Definition TV Channels

KDSM HD*	KCWI HD*
WHO HD*	KTIV HD*
KCCI HD*	KMEG HD*
WOI HD*	KPTH HD*
KDIN HD*	

*Requires high definition tuner

Basic Cable

2 West Bend/Mallard Local	49 EWTN
3 Rolfe/Havelock/Palmer Local	50 Trinity Broadcasting
4 KTIV - NBC Sioux City	51 Inspirational Network
5 WOI - ABC Des Moines	52 ABC Family Channel
6 KDSM - FOX Des Moines	53 Disney Channel
7 KTIN - Iowa Public TV	54 Cartoon Network
8 KCCI - CBS Des Moines	55 Nickelodeon
9 KCAU - ABC Sioux City	56 TV Land
10 KPWB - WB Des Moines	57 Hallmark Channel
11 Lifetime Movie Network	58 Oxygen
12 KEYC - CBS Mankato	59 American Life TV
13 WHO - NBC Des Moines	60 American Movie Classics
14 KMEG - CBS Sioux City	61 Bravo
15 KPTH - FOX Sioux City	62 Fox Movie Channel
20 CSPAN-1	63 Turner Classic Movies
21 CSPAN-2	64 TBS
22 WGN - Chicago	65 USA
23 The Weather Channel	66 FX
24 SMU Radar	67 TNT
25 MSNBC	68 A&E
26 CNN	69 Lifetime
27 CNN Headline News	70 E!
28 CNBC	71 Comedy Central
29 Fox News Channel	72 Sci-Fi Channel
30 NFL Network	73 Home Shopping Network
31 Big 10	74 Court TV
32 ESPN	75 Spike
33 ESPNU	76 CMT
34 ESPN Classic	77 VH1
35 ESPN2	78 MTV
36 Golf Channel	97 Outdoor Channel
37 QVC	99 TV Guide Channel
38 Speed Channel	
39 DIY	
40 Food Network	
41 Discover Health Channel	
42 Discovery Channel	
43 The Learning Channel	
44 History Channel	
45 Home & Garden	
46 The Travel Channel	
47 Animal Planet	

High Definition TV Channels

KDSM HD*	KCWI HD*
WHO HD*	KTIV HD*
KCCI HD*	KMEG HD*
WOI HD*	KPTH HD*
KDIN HD*	

*Requires high definition tuner

Digital Music

Requires digital receiver

901 Showcase	924 70s
902 Today's Country	925 Solid Gold Oldies
903 Classic Country	926 Singers and Standards
904 Bluegrass	927 Big Band and Swing
905 R&B and Hip-hop	928 Easy Listening
906 Classic R&B	929 Smooth Jazz
907 Smooth R&B	930 Jazz
908 R&B Hits	931 Blues
909 Rap	932 Reggae
910 Metal	933 Soundscapes
911 Rock	934 Classical Masterpieces
912 Arena Rock	935 Opera
913 Classic Rock	936 Light Classical
914 Alternative	937 Show Tunes
915 Retro Active	938 Contemporary Christian
916 Electronica	939 Gospel
917 Dance	940 Radio Disney
918 Adult Alternative	941 Sounds of the Season
919 Soft Rock	942 Musica Urbana
920 Hit List	943 Salsa Merengue
921 Party Favorites	944 Rock En Espanol
922 90s	945 Pop Latino
923 80s	

Digital Music

Requires digital receiver

901 Showcase	924 70s
902 Today's Country	925 Solid Gold Oldies
903 Classic Country	926 Singers and Standards
904 Bluegrass	927 Big Band and Swing
905 R&B and Hip-hop	928 Easy Listening
906 Classic R&B	929 Smooth Jazz
907 Smooth R&B	930 Jazz
908 R&B Hits	931 Blues
909 Rap	932 Reggae
910 Metal	933 Soundscapes
911 Rock	934 Classical Masterpieces
912 Arena Rock	935 Opera
913 Classic Rock	936 Light Classical
914 Alternative	937 Show Tunes
915 Retro Active	938 Contemporary Christian
916 Electronica	939 Gospel
917 Dance	940 Radio Disney
918 Adult Alternative	941 Sounds of the Season
919 Soft Rock	942 Musica Urbana
920 Hit List	943 Salsa Merengue
921 Party Favorites	944 Rock En Espanol
922 90s	945 Pop Latino
923 80s	

p: 712.359.2411 | f: 712.359.2200

p: 712.359.2411 | f: 712.359.2200

Digital Basic

100 Toon Disney	206 KMEG - CBS Sioux City HD*
101 Noggin	207 KDIN HD*
102 Nick Toons	209 KCAU HD*
103 Nick Games & Sports	215 NATGEO HD*
104 Discovery Kids	216 Sci HD*
105 The Science Channel	218 HDNet*
106 Discovery Home Channel	219 HDNet Movie*
107 Discovery Times Channel	225 MSNBC HD*
108 The Military Channel	228 CNBC HD*
109 History Channel	230 NFL HD*
110 Biography Channel	231 BIG 10 HD*
111 National Geographic	232 ESPN HD*
112 ESPN News	233 ESPNU HD*
113 Lifetime Movie Network	234 ESPN News HD*
114 BBC America	235 ESPN2 HD*
115 Game Show Network	238 SPEED HD*
116 Fit TV	240 FOOD HD*
117 G4 Tech TV	241 HD Theater*
119 VH1 Classic	242 Discovery HD*
120 CMT Pure	244 History Channel HD*
121 MTV2	245 HGTV HD*
122 RFD TV	247 Animal Planet HD*
123 Fox Soccer Channel	252 ABC Family HD*
124 Outdoor Channel	253 Disney HD*
125 KPTH M	261 Universal HD*
126 SOAPnet	265 USA HD*
127 Chiller	266 FX HD*
128 Sleuth	268 A&E HD*
130 Versus	272 SCIFI HD*
158 LRW	280 KDSM - FOX Des Moines HD*
172 VH 1 Soul	285 WHO - NBC Des Moines HD*
176 MTV Hits	286 WHO Wea
186 ION	290 KCCI - CBS Des Moines HD*
197 KTIN Create	293 WOI - ABC Ames HD*
198 KTIN C	295 KTIN - Iowa Public TV HD*
199 KCAU Wea	297 KDMI-Des Moines HD*
204 KTIV - NBC Sioux City HD*	298 KCWI - Des Moines HD*
205 KPTH HD*	

*Requires high definition digital receiver

Premium Packages

HBO Package

400 HBO
401 HBO2
402 HBO Signature
403 HBO Family
404 HBO Comedy (E)
405 HBO Comedy (W)
406 HBO Zone (E)
407 HBO Zone (W)
420 HBO HD (E)*
421 HBO HD (W)*

Cinemax Package

450 Cinemax
451 Moremax
452 Actionmax
453 Thrillermax (E)
454 Thrillermax (W)
455 WMAX
456 @MAX
457 5-Star MAX
458 Outer MAX
470 Cinemax HD(E)*
471 Cinemax HD(W)*

Starz/Encore Package

600 Starz (E)
601 Starz (W)
602 Starz Edge
603 Starz in Black
604 Starz Kids & Family
605 Starz Cinema (E)
606 Starz Cinema (W)
607 Starz Comedy
620 Starz HD*
650 Encore (E)
651 Encore (W)
652 Encore WAM
653 Encore Action (E)
654 Encore Action (W)
655 Encore Love (E)
656 Encore Love (W)
657 Encore Mystery (E)
658 Encore Mystery (W)
659 Encore Drama (E)
660 Encore Drama(W)
661 Encore Western (E)
662 Encore Western (W)

*Requires high definition digital receiver

www.PalmerOne.com

Digital Basic

100 Toon Disney	206 KMEG - CBS Sioux City HD*
101 Noggin	207 KDIN HD*
102 Nick Toons	209 KCAU HD*
103 Nick Games & Sports	215 NATGEO HD*
104 Discovery Kids	216 Sci HD*
105 The Science Channel	218 HDNet*
106 Discovery Home Channel	219 HDNet Movie*
107 Discovery Times Channel	225 MSNBC HD*
108 The Military Channel	228 CNBC HD*
109 History Channel	230 NFL HD*
110 Biography Channel	231 BIG 10 HD*
111 National Geographic	232 ESPN HD*
112 ESPN News	233 ESPNU HD*
113 Lifetime Movie Network	234 ESPN News HD*
114 BBC America	235 ESPN2 HD*
115 Game Show Network	238 SPEED HD*
116 Fit TV	240 FOOD HD*
117 G4 Tech TV	241 HD Theater*
119 VH1 Classic	242 Discovery HD*
120 CMT Pure	244 History Channel HD*
121 MTV2	245 HGTV HD*
122 RFD TV	247 Animal Planet HD*
123 Fox Soccer Channel	252 ABC Family HD*
124 Outdoor Channel	253 Disney HD*
125 KPTH M	261 Universal HD*
126 SOAPnet	265 USA HD*
127 Chiller	266 FX HD*
128 Sleuth	268 A&E HD*
130 Versus	272 SCIFI HD*
158 LRW	280 KDSM - FOX Des Moines HD*
172 VH 1 Soul	285 WHO - NBC Des Moines HD*
176 MTV Hits	286 WHO Wea
186 ION	290 KCCI - CBS Des Moines HD*
197 KTIN Create	293 WOI - ABC Ames HD*
198 KTIN C	295 KTIN - Iowa Public TV HD*
199 KCAU Wea	297 KDMI-Des Moines HD*
204 KTIV - NBC Sioux City HD*	298 KCWI - Des Moines HD*
205 KPTH HD*	

*Requires high definition digital receiver

Premium Packages

HBO Package

400 HBO
401 HBO2
402 HBO Signature
403 HBO Family
404 HBO Comedy (E)
405 HBO Comedy (W)
406 HBO Zone (E)
407 HBO Zone (W)
420 HBO HD (E)*
421 HBO HD (W)*

Cinemax Package

450 Cinemax
451 Moremax
452 Actionmax
453 Thrillermax (E)
454 Thrillermax (W)
455 WMAX
456 @MAX
457 5-Star MAX
458 Outer MAX
470 Cinemax HD(E)*
471 Cinemax HD(W)*

Starz/Encore Package

600 Starz (E)
601 Starz (W)
602 Starz Edge
603 Starz in Black
604 Starz Kids & Family
605 Starz Cinema (E)
606 Starz Cinema (W)
607 Starz Comedy
620 Starz HD*
650 Encore (E)
651 Encore (W)
652 Encore WAM
653 Encore Action (E)
654 Encore Action (W)
655 Encore Love (E)
656 Encore Love (W)
657 Encore Mystery (E)
658 Encore Mystery (W)
659 Encore Drama (E)
660 Encore Drama(W)
661 Encore Western (E)
662 Encore Western (W)

*Requires high definition digital receiver

www.PalmerOne.com